

OREGON TECH WOMEN'S TRACK AND FIELD ALL-CASCADE CONFERENCE

2025	Aurora Parsons	Discus Javelin Shot Put Triple Jump	2015	Susie Garza	800 Meters 1,500 Meters 5,000 Meters Steeplechase Steeplechase Pole Vault Javelin
	Sophia Small			Mary Matchett Elissa Stoltz Sara Howard Katie Ingram Joelle Swanson	
2023	Alex Conley Aarika Brooks	Javelin Javelin			
2022	Alex Conley	Javelin	2014	Elissa Stoltz Shannelle Cayetano Kassi Conditt Joelle Swanson	Steeplechase Pole Vault Shot Put Javelin
2021	Ally Odell Alex Conley	High Jump Javelin			
2019	Amber Von Essen Danielle DeCastro Nishi Chase Alex Conley	400 Meters 1,500 Meters Pole Vault Javelin	2013	Shannelle Cayetano Katey Choukalos Kassi Conditt Joelle Swanson	Pole Vault Long Jump Heptathlon Shot Put Javelin
2018	Amber Von Essen	400 Meters 100 Hurdles Heptathlon	2012	Kassi Conditt Joelle Swanson	Shot Put Javelin
	Susie Garza	800 Meters 1,500 Meters	2011	Emilee Nehring	High Jump Long Jump Heptathlon
	Veronica Norris Jasmine James	High Jump High Jump Triple Jump		Breanna Burns	
	Nishi Chase	Pole Vault	2010	Emilee Nehring	100 Meters Long Jump 100 Hurdles High Jump Triple Jump Javelin Javelin
2017	Margaret Paul Amber Von Essen	100 Meters 200 Meters 400 Meters Heptathlon		Nikki Smith Tracy Filley Kaela Ash Sarah Schelb Alyssa McClellan	
	Kara Wood Jasmine James	100 Hurdles Triple Jump			
2016	Kara Wood	100 Hurdles	2009	Nikki Smith	100 Hurdles 400 Hurdles High Jump Triple Jump Javelin
				Tracy Filley Kaela Ash Sarah Schelb	

OREGON TECH WOMEN'S TRACK AND FIELD ALL-CASCADE CONFERENCE

2008	Amy Sticka	100 Meters	2005	Kelsi Haylett	100 Meters
	Lashell Larman	Long Jump		Samantha Gilbert	200 Meters
	Nikki Smith	100 Meters			100 Meters
		200 Meters			100 Hurdles
	Michelle Klaja	100 Hurdles			400 Hurdles
		400 Hurdles		Andrea Nations	Long Jump
	Janessa Hoppe	100 Hurdles			800 Meters
	Emilee Nehring	High Jump		Amy Bricco	5,000 Meters
	Brianne Kenyon	Javelin			1,500 Meters
	Kelsey Stolz	Heptathlon		Michelle Klaja	5,000 Meters
2007		Steeplechase			100 Hurdles
	Kelsi Haylett	Long Jump			High Jump
	Megan Czerny	Shot Put			Triple Jump
	Nikki Smith	Javelin			Shot Put
	Janessa Hoppe				Javelin
	Michelle Klaja				Heptathlon
	Amy Sticka			Krystal Lonien	400 Hurdles
	Becky Schwartz			Lucy Boyle	Steeplechase
	Kelsey Stolz			Kasey Jones	High Jump
	Kaela Ash				Long Jump
2006					Triple Jump
	Kelsi Haylett				Heptathlon
				Keshia Causey	Pole Vault
	Amy Bricco			Amy Sticka	Long Jump
	Krystal Lonien				Triple Jump
	Megan Czerny			Becky Schwartz	Discus
	Michelle Klaja				Hammer Throw
				Stephanie Jensen	Javelin
	Keshia Causey				
	Amy Sticka				
	Kelsey Stolz				

OREGON TECH WOMEN'S TRACK AND FIELD ALL-CASCADE CONFERENCE

2004	Kelsi Haylett	100 Meters	2002	Heather Radke	100 Meters
		200 Meters			200 Meters
		100 Hurdles			High Jump
	Samantha Gilbert	100 Meters			Long Jump
		100 Hurdles			Triple Jump
		400 Hurdles		Macy Campbell	100 Hurdles
		Long Jump			400 Hurdles
		Triple Jump		Stacy Lambert	100 Hurdles
	Shannon Roberts	400 Meters			400 Hurdles
	Mallory Swan	Steeplechase			High Jump
2003	Amy Bricco	5,000 Meters	2001	Lianna Brown	Hammer Throw
	Krystal Lonien	400 Hurdles		Kasey Jones	Javelin
	Kasey Jones	High Jump			High Jump
		Long Jump			Long Jump
		Triple Jump			Triple Jump
		Javelin			Heptathlon
		Heptathlon			
	Deveny West	Pole Vault		Trina Ogburn	100 Hurdles
	Keshia Casuey	Pole Vault			High Jump
	Becky Schwartz	Discus		Stacy Lambert	400 Hurdles
		Hammer Throw			High Jump
				Robyn Hendry	Triple Jump
				Lianna Brown	Hammer Throw
					Javelin
	Rosanna Estes	100 Meters	2000	Heather Werth	Long Jump
		200 Meters			Triple Jump
	Heather Radke	100 Meters			100 Meters
		200 Meters			200 Meters
		High Jump			High Jump
		Long Jump			High Jump
		Triple Jump		Stacy Lambert	100 Hurdles
	Macy Campbell	100 Hurdles		Trina Ogburn	100 Meters
	Stacy Lambert	400 Hurdles			High Jump
		High Jump			100 Meters
	Kasey Jones	High Jump			High Jump
		Long Jump		Karie Allen	3,000 Meters
		Triple Jump		Brandy Shoemaker	5,000 Meters
		Javelin			400 Meters
		Heptathlon		Mindy McGrath	800 Meters
	Deveny West	Pole Vault			400 Hurdles
	Robyn Hendry	Triple Jump			Javelin
	Jaime Stanford	Shot Put		Lianna Brown	
		Discus			
	Katrina Collins	Hammer Throw			
	Michelle West	Javelin			

OREGON TECH WOMEN'S TRACK AND FIELD ALL-CASCADE CONFERENCE

1999	Brandy Shoemaker	Steeplechase
		5,000 Meters
	Mandy Samudio	100 Hurdles
		Triple Jump
	Trina Ogburn	100 Hurdles
	Kari Sundblad	400 Hurdles
	Leanna Fletcher	Javelin
	Karie Allen	High Jump
1998	Leah Zimmerman	400 Meters
	Kari Sundblad	400 Hurdles
		Long Jump
1997	Leah Zimmerman	400 Meters
	Danette Sauer	High Jump
	Susan Tyree	Shot Put
	Sabrina Ross	Javelin
1996	LeAnna Fletcher	Javelin